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Title: Regulating Emotions in Socially Complex Scenarios (REB ID#: Pro00146302)

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Supervisor: Dr. Alona Fyshe alona@ualberta.ca

Invitation to participate: Thank you for your interest in our study. We invite you to join if you are between 17 and 45 years old and have normal vision (or your vision is corrected with glasses or contacts).

Purpose: We are researchers at the University of Alberta studying how people handle their emotions during social situations.

Participation:

If you join, you will:

- Read posts from social media and rate how the writer handled their feelings
- May write short answers about how you would respond or what advice you would give a friend
- Answer questions about feelings and social choices using three questionnaires

The study takes about 55 minutes. There are no right or wrong answers.

For the rating task, please answer as quickly and accurately as you can. We will record your answers and how long you take.

Note: We are NOT tracking your mouse or eye movements.

Warning: This study entails reading posts from social media. While we tried to remove explicit content, there may still be some sentences containing offensive and vulgar language, references to sexual content, or drug use.

Benefits: Participants will get to see how research in psychology works, which might help if they are thinking about a job in research. There are no other direct benefits.

Risks: This study does not present any risk to you. Participants might feel psychologically or emotionally stressed, demeaned, embarrassed, worried, anxious, scared or distressed, e.g. due to reading a description of painful or traumatic events. Participants might feel psychological or mental fatigue, e.g. due to intense concentration required.

Confidentiality and Anonymity: Your information will stay private. Only our research team can see the data. For better safety, we suggest signing out, closing your browser, and locking your device when you finish. Results will be shared as aggregated data only.

Data Storage: Your data will not have personal information like your name or student number. All data will be protected with passwords and stored on secure computers at the University of Alberta for at least five years. Anonymous data might be shared with journals or stored in research databases for future studies.

Voluntary Participation: You do not have to join this study. If you want to stop during the survey, just close the link and your answers will not be used. If you quit partway through, you will still get 1 course credit. Please keep your participant code. If you want to remove your data after finishing, please email the primary investigator, Daniela Teodorescu, at dteodore@ualberta.ca with your code within 30 days.

Remuneration and Participant Time: This experiment should take no longer than an hour. You will receive 1 credit towards your Psychology 104/105 Research Participation requirement.

If you do not want to join the study but still want your 1 credit, you can do a different activity instead. This involves reading a paper and answering questions about it. The other activity takes the same amount of time as this study. If you quit partway through, you will still get 1 course credit.

Contact Information: If you have any questions or require more information about the study itself, you may contact the primary investigator, Daniela Teodorescu, at dteodore@ualberta.ca.

The plan for this study has been reviewed by a Research Ethics Board at the University of Alberta. If you have any questions regarding your rights as a research participant or how the research is being conducted, you may contact the Research Ethics Office at reoffice@ualberta.ca.

If you have any questions about psychology research participation, contact our research participation coordinator at 780-492-5689 or rescred@ualberta.ca.

Completion and submission of the tasks and survey means you consent to participate.

University of Alberta
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1. Do you understand that you have been asked to be in a research study? (check box for yes).
2. Have you read the information on the previous pages? (checkbox for yes. Also a link, "A copy of this information can be downloaded.")
3. Do you understand the benefits and risks involved in taking part in this research study? (check box for yes).
4. Do you understand that you are free to withdraw from this study at any time without having to give a reason? (check box for yes)
5. Do you understand that your confidentiality and anonymity will be protected at all times? (checkbox for yes)

6. Do you understand that you are free to contact the researchers (dteodore@ualberta.ca) if you have any questions about this study? (checkbox for yes)
7. If you wish to be contacted about future studies, please enter your email here:
8. If you have decided to participate, please **select one**:

I have decided to participate in this study (checkbox)

I want to complete the alternative task (checkbox)

9. If you have decided not to participate, there will be an option to access the alternative task through the study.